



540.985.0500

### Harris Hip Score -- Synopsis of the Evaluation System

|     |   |    |
|-----|---|----|
| I.  | Pain (44 possible)  |    |
|     | A. None or ignores it   | 44 |
|     | B. Slight, occasional, no compromise in activities  | 40 |
|     | C. Mild pain, no effect on average activities, rarely moderate with pain with unusual activity, may take aspirin  | 30 |
|     | D. Moderate pain, tolerable but makes concession to pain. Some limitation of ordinary activity or work. May require occasional pain medicine stronger than aspirin. | 20 |
|     | E. Marked pain, serious limitation of activities  | 10 |
|     | F. Totally disabled, crippled, pain in bed, bedridden   | 0  |
| II. | Function (47 possible)  |    |
|     | A. Gait (33 possible)   |    |
|     | 1. Distance Walked  |    |
|     | a. Unlimited  | 11 |
|     | b. 4 - 6 blocks   | 8  |
|     | c. 2 - 3 blocks   | 5  |
|     | d. indoors only   | 2  |
|     | e. unable to walk   | 0  |
|     | 2. Limp   |    |
|     | a. None   | 11 |
|     | b. Slight   | 8  |
|     | c. Moderate   | 5  |
|     | d. Severe   | 0  |
|     | 3. Support  |    |
|     | a. None   | 11 |
|     | b. Cane for long walks  | 7  |
|     | c. Cane most of the time  | 5  |
|     | d. One crutch   | 3  |
|     | e. Two canes  | 2  |
|     | f. Two crutches   | 0  |
|     | g. Not able to walk (specify reason)  | 0  |

Harris Hip Score -- Synopsis of the Evaluation System (cont.)

B. Activities (14 possible)

1. Stairs
  - a. Normally without using a railing 4
  - b. Normally using a railing 2
  - c. In any manner 1
  - d. Unable to do stairs 0
  
2. Shoes and Socks
  - a. With ease 4
  - b. With difficulty 2
  - c. Unable 0
  
3. Sitting
  - a. Comfortably in ordinary chair one hour 5
  - b. On a high chair for one-half hour 3
  - c. Unable to sit comfortably in any chair 0
  
4. Enter public transportation 1

III. Absence of deformity points (4) are given if the patient demonstrates:

- A. Less than 30° fixed flexion contracture
- B. Less than 10° fixed adduction
- C. Less than 10° fixed internal rotation in extension
- D. Limb-length discrepancy less than 3.2 centimeters

IV. Range of motion (index values are determined by multiplying the degrees of motion possible in each arc by the appropriate index)

- |                               |  |
|-------------------------------|--|
| A. Flexion 0-45 degrees x 1.0 | C. External rotation in ext. 0-15 x 0.4 over 15° x 0 |
| 45-90° x 0.6                  |  |
| 90-110° x 0.3                 | D. Internal rotation in extension any x 0            |
| B. Abduction 0-15° x 0.8      | E. Adduction 0-15° x 0.2                             |
| 15-20° x 0.3                  |  |
| over 20° x 0                  |  |

To determine the over-all rating or rating for range of motion, multiply the sum of the index values x 0.05. Record Trendelburg test as positive, level, or neutral.

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The higher the score → the lower the level of disability  
(max .100)